



Year 3 Home Learning

History - The Olympics

To understand how the Olympic Games started and to compare the Games of Ancient Greece to the Games that we have today.

Part 1:

Read the information about the Ancient Greek Olympic Games and use the Olympic Games website (<https://www.olympic.org/ancient-olympic-games> - make sure you ask an adult at home first) to research some of the following questions:

- What year did the ancient Olympic Games begin?
- Why were the Games held?
- Who competed in the Games?
- What sports were in the ancient Games? What did the sports involve?
- When and why did the ancient Games stop?
- When did the modern Games begin?
- How do the modern Olympics compare to the ancient ones?



Part 2:

Use the information you have gathered to complete one or more of the following tasks:

- Create an advert (in whatever form you like) for the Ancient Greek Olympic Games - how will you persuade people to come and take part?
- Imagine you live in Ancient Greece; you have seen a poster advertising the Games and have been persuaded to visit Olympia and take part in the Olympics. Create a plan of your training, your journey, the things you'll take and what you plan to see when in Olympia.
- Create a board game about the ancient and/or modern Olympics.
- Research the sports that athletes compete in in the modern Olympics (<https://www.olympic.org/sports>) and compare them to the ancient sports. Make a rule book for a modern day sport and an ancient sport.
- Create some artwork depicting the ancient Olympic sports (see examples above).
- Design your own Olympic Games (you could even set up a version in your garden!) - invite your family to compete in different events and hold a medal giving ceremony afterwards. Make your own medals and/or olive wreaths to give to the winners.

Additional Activity:

If you would like to relive some of the most recent modern day Olympic Games, you can find various videos at <https://www.olympic.org/videos>. You could even investigate the Winter Olympics. Make sure that you check with an adult at home before watching the video clips.